

Full Moon & New Moon Online Program Series 2022

Synopsis of Full Moon Program on 10th Sept 2022

Topic - IMPORTANCE OF SPORTS IN CORPORATE LIFE & CAREER DEVELOPMENT

The speaker for the session was Kashinath (Rohit) Khadkikar who played for Team India in U/19 Cricket Test Series in England, he also led the state team in Ranji Cricket matches & other interstate tournaments. His all round performance was well appreciated in Sports editions of all newspapers & magazines then.

In a unique combination, he also played in Kho Kho upto State level matches during the same time.

Off late, he has been working as Senior Finance Manager Global Reporting in MNC like Syngenta Group while prior to that he had been associated with Kirloskar group, Honeywell Group etc. at different positions in finance functions.



In an interactive session, Kashinath (Rohit) explained his journey in the sports & subsequently to the corporate world. He mentioned that many lessons learnt during his teenage sports journey are enriching his life as a professional & a human being.

Excerpts for our viewers & followers:

Rohit credited his parents for starting his sports journey in early age & taking it further at serious competitive levels. From mere a follower / spectator to a serious player- this journey was blessed with parents & close friends in those years.

He had an opportunity to play with Gautam Gambhir, Parthiv Patel, Amit Mishra in Team India U/19 squad. During his international tour to England, he learnt & understood the importance of working with diverse people from all walks of society, from different regions & different ideologies.

This tour developed the habit of understanding the thought process, ideas of his colleagues & synchronizing joint efforts to tide over the individual lacunas.

Most importantly he learnt to prioritize common goals over individual goals.

Interacting with DSPPL Session Host Pranjal Sir, Rohit listed out many life lessons learnt from the sports life as -

Positive & learning Attitude, Self-Development Mindset, Teamwork & Leadership, Physical, Mental & Emotional Endurance, Effective time management - as it's not a replaceable asset, Resilience to bounce back from adversaries/ defeats/ mistakes, & list goes on...

Rohit explained his obvious early days' conflict of academics & sports career & how he made choices from time to time?

During school days, it was a tight packed schedule for teenager Rohit. Before sunrise - he used to travel a few kilometers on his bicycle for cricket ground practice again returning back to home. Then rush to the school on his bicycle & in the evening playing Kho Kho with the mates.

He remembered - "... I missed a couple of unit tests or a semester exam for national camps but even at that time parents & school encouraged me to recover the studies instead of ignoring it."

"Playing professional cricket has its own challenges. And I faced one such challenge in the form of a serious knee injury followed by a surgery. I had to stay away from the game for almost 9 months. That time my mother & mentor helped me to ponder upon such uncertainties & having one more alternative plan in life..."

Rohit further added- "... Those were the days - when there was no IPL or any league cricket in commercialized format- hence it was need of hour to acknowledge the necessity of another alternative in life & which took me to a professional degree of MBA Finance which later followed by joining the corporate world.

Yes- my injury time taught me the need for Plan B in our life & flexibility to adapt."

On his take on team building & Leadership-

He outrightly said that - "... you have to learn to be happy with & enjoy the success of your teammates. Then only you can grow in your life. This helps you in the long run & personally in your life too..."

"When you are a team member, you must be able to work with your colleagues."

“While as a leader, you must learn to take full responsibility end to end- till the final result is achieved. It’s not a mere position- you have to understand your colleagues, team mates, their problems, challenges & help them to rise up against them- so the team’s success doesn’t suffer.

This all has to be done without showing a sense of arrogance either in your words or in the behavior.”

About handling distractions-

Rohit with a smile on his face said - “... He feels blessed he never had Smartphones or online gaming apps & social media that time. Actually, it helped me to gain my focus on both the games viz Cricket & Kho Kho. For any aspirant - these distractions must be kept away at the fence.

On a tricky question whether he confronted with individual favoritism or say internal politics & how he dealt with it-

Rohit frankly said - “... Yes, I witnessed it quite a few times, but it’s human nature & you have to keep yourself motivated in such situations. For that; you can speak with your mentor or friends and sustain your positivity. It’s not as simple as said - but still it’s a must.”

“... in other way, if one starts blaming others- then probably he may be killing his own spirit in that negativity- which one has to avoid...”

On his remarks about luck factor & Good form as a player

Rohit quickly said - “...We make our luck. Put in more hard work & sweat more in practice- your luck is bound to shine brighter...”

On his take on Failures/ mistakes

Rohit guided the viewers as - “... our mistakes, failures may come & go - but you have to learn & improvise yourself. No mistake / failure is final nor permanent. You have to show resilience & rise up again. I remember my first over in the first match... - It was a tough situation then in a debut match which I passed through...”

“That time, I learnt - it’s not that easy to perform on the field - as it appears while criticizing. To succeed, you have to practice more & more.”

On Handling Mental Challenges, anger, mood swing & so on

He further stated that “... mental challenges like Mood Swings & anger, apathy need to be handled very cleverly. Your such state of mind can cost a fortune to your team/ your organization or their joint efforts. You have to pick yourself up & be resilient on occasion.”

“One must learn to connect & disconnect from the roles swiftly to handle the pressure- be it a match or a life situation. The faster we ‘Switch on’& ‘Switch off’ - it helps to optimize the pressure & fine tune the work/Sport & life balance.”

One more lesson I must share - you have to 'switch off' while leaving the office & detach from your office stress returning to home..."

Recalling his memorable performance -

He recalled - having clicked the wicket of in-form MS Dhoni in the Ranji Tournament match against Bihar (now Jharkhand) though he never had a second chance to play against him later.

Message to young viewers -

The simple but powerful message Rohit gave is-

"... Be honest to yourself, Be honest to your profession & Be honest to what you are doing..."

Great players like Sachin Tendulkar, Rahul Dravid, Sourav Ganguly are true role models for their honesty for the game & in their life outside the cricket ground. These are the personalities known for good values that define an individual & not merely known by the material success.

Guruji's Remarks & advice to young generation -

Guruji Ajit Telang Sir added his words of wisdom for the new generation saying that -

"... Moral values remain the core pillar of your character- whether you are a sportsman or a working professional or a common citizen. Good values imbibed in the character & practiced in real life bring the bright fortunes."

The session was concluded with a formal Vote of Thanks by Amol Sir.

With Regards,

TEAM DSPPL.