

Remembering Swami Vivekananda... Chaitanya Digital Newsletter Vol 01 Issue 10

1 message

DSPPL Devrukh <info.dsppl@gmail.com>

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To: DSPPLCRP@googlegroups.com, dsppljep@googlegroups.com, dsppl_apg@googlegroups.com, dspplteachersassociates es <dspplteachersassociates@googlegroups.com>



Dear Readers,

12th January is a special day for India as on this day Swami Vivekananda was born in 1863. This 19th-century legendary saint of Mother India is remembered even now for the enormous work he has done during his lifetime. In fact, the relevance of Swamiji's teachings is, even more, today than at any point in time in the past.

Swami Vivekananda provided a bridge between the traditional Hindu religion before him and the Hindu culture we know today. He possibly laid the foundations of a scientific and objective outlook toward the Hindu culture and awakened the Indian ethos in the last part of the 19th Century. He connected eastern philosophy with the western outlook to life and created ripples of understanding which began with his famous lecture at the Chicago Interfaith conference in 1893. The Hindu dharma in the true sense arrived on the global map through that one great event.

Today's Hindu renaissance can be called as a result of Swamiji's teachings and activities. He always put the nation and the culture ahead of his own personality and work and laid a wonderful example for many walking on the spiritual path. He was possibly the first proponent of the "fourth quadrant" that our DSPPL profoundly talks about. He was the one who said that special quote: "If wealth is lost, nothing is lost. If health is lost, something is lost and if a character is lost everything is lost." He emphasized the moral character of a person as the most important virtue. Everything else can wait. Our own DSPPL is also having the objective of creating a strong human character among the new generation that we are trying to achieve through our various activities. A child of today with a strong moral character can give birth to a wonderful, heaven-like society of the future. Today, on this auspicious day let us all make a resolution that we all will



Remembering some of the famous quotes by Swami Vivekananda:

“Take up one idea. Make that one idea your life; dream of it; think of it; live on that idea. Let the brain, the body, muscles, nerves, every part of your body be full of that idea, and just leave every other idea alone. This is the way to success, and this is the way great spiritual giants are produced.”

“The organs are the horses, the mind is the rein, the intellect is the charioteer, the soul is the rider, and the body is the chariot. The master of the household, the King, the Self of man, is sitting in this chariot.”

“We are what our thoughts have made us; so take care about what you think. Words are secondary. Thoughts live; they travel far. ”

“All love is expansion; all selfishness is contraction. Love is therefore the only law of life. He who loves lives, he who is selfish is dying. Therefore, love for love’s sake, because it is the only law of life, just as you breathe to live.”

“The fire that warms us can also consume us; it is not the fault of the fire.”

“We are responsible for what we are, and whatever we wish ourselves to be, we have the power to make ourselves. If what we are now has been the result of our own past actions, it certainly follows that whatever we wish to be in the future can be produced by our present actions; so we have to know how to act.”

Do you remember any other famous Quote by Swami Vivekananda ?

[Click here and share with us!](#)



Dear Students of DSPPL and my young friends,
Wishing you all a happy, healthy and a year of miracles ahead!

To be honest, we do not observe the 1st of January as a new year. For the people following Sanatan dharma. People residing on this land Bharat, have always regarded Makar Sankranti as the auspicious time to revive activities and projects and to start afresh. The western culture has always seen Kranti (revolution). The world has seen, the French revolution, the Russian revolution, the American revolution and many more. They always believed in waging war at others and conquering lands. India, however, has always been aligned with nature. Our epics have had wars, but they were fought for truth and establishing

dharma. That is the reason we have Sankranti (collective revolution). Let us discover what revolution means to us in the form of Makar Sankranti.

Makar Sankranti is an auspicious day when the sun enters the zodiac sign Capricorn (makar) which connotes the end of winter and the beginning of warmer months and longer days. This auspicious festival also marks the onset of spring season which symbolizes new blossoms and harvest. It is also known as Uttarayan as from this day onwards the sun begins its journey to the north which is known as Uttarayan journey.

The festival of Makar Sankranti is celebrated on 14th January every year due to the set timing of the solar cycle. The date remains the same except in leap years when it is observed on 15th January.

This famous harvest festival of India is prominently celebrated in Allahabad in Uttar Pradesh. Besides Uttar Pradesh, the festival is celebrated with the same name in the Indian states of Haryana, Rajasthan and Bihar as well as in the capital city, Delhi. It is also observed as Uttarayan in Gujarat, Pongal in Tamil Nadu, Magh Bihu in Assam and Lohri in Punjab.

History Of Makar Sankranti

Legends have it that even the ancient people used to celebrate Makar Sankranti but the purpose was to worship the Sun God so that he would save them from harsh cold weather. Another popular folklore states that on this day King Bhagirathi brought river Ganga on Earth.

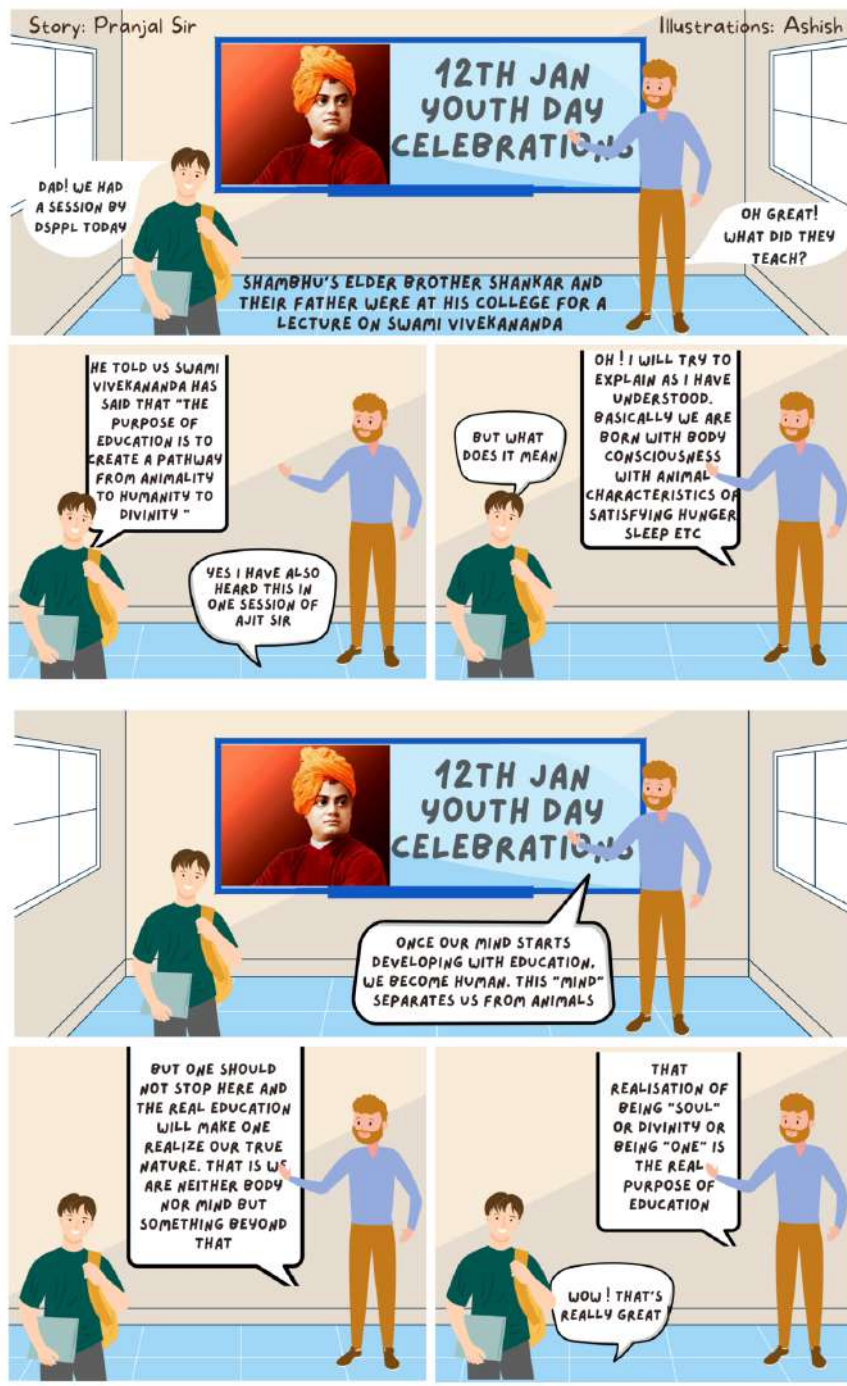
The time period of Uttarayan that begins with Makar Sankranti also finds its mention in the epic Mahabharata as Bhishma waited for Uttarayan to leave his mortal body. It is believed that people who die during this period escape the cycle of birth and death.

Major Attractions Of Makar Sankranti Celebration 2023

Makar Sankranti is the first festival of the year that is celebrated in different names and rituals in almost every state in India. It is indeed a perfect example of unity in diversity which is also the major attraction of the festival.

1. Food. Being a popular festival in India, the iconic dishes associated with it are also a prime attraction. People in North India prepare regional dishes such as Churma of ghee, Til Patti, Gajak, Revri, Til Ladoo, Gud (jaggery), and Khichdi on this auspicious day.
2. Kite Flying. One of the most exciting and vibrant highlights of Makar Sankranti is kite flying that is predominantly observed in cities of Uttar Pradesh, Rajasthan and Gujarat. People decorate their kites or opt for different sizes and colours of kites especially for the festival. In Gujarat, the International Kite Flying festival is a major attraction for the visitors across the globe.
3. Khichdi, Pulses, and Sesame Seeds Donation. People in the northern region of India prepare prashad made from ingredients such as pulses, jaggery and sesame seeds. They donate and also eat this prasada after offering it to the Sun God.
4. Holy Dip in Magh Mela at Triveni Sangam. People often head towards Triveni Sangam near Prayagraj during Makar Sankranti festival. Taking a holy bath in the sacred waters of Triveni Sangam that is the confluence point of 3 rivers Ganga, Yamuna, and Saraswati is considered auspicious on this day.

A holy dip on Makar Sankranti brings good luck in abundance and also washes off one's sins.



Hey Sahil, "Happy New Year" exclaimed Hari, one of his friends on the way to school on 2nd of January 2023. "Happy New year Hari" replied Sahil with his bubbling smile.

Sahil: So, what is your New year's resolution ?

Hari: To win a state level badminton tournament.

Sahil: And? What will happen if you win it?

Hari: I will feel happy

Sahil: Ok cool

Hari: What is your new year's resolution Sahil?

Sahil: "To spend every day happily".

Hari (with a surprising face): What kind of resolution is this? And, how is this possible?

Sahil: Indeed, if we can wish each other "Happy New Year", we should be able to practice it too. It is very much possible as Papa says we create our destiny. We might not have control over the surroundings, situations & people but how we feel, respond and live is totally our choice. We need not give our remote control to others !!

I will enjoy whatever I do - be it play, studies, school or classes.

Hari was perplexed with Sahil's answers and it definitely provoked him into deep thinking. Seeing the question mark on his face **Sahil said -" Its an experiment Bro!! Got nothing to lose in trying!!"**

Both smiled cheerfully and continued on their way to their classroom.



Dear Students

A very happy new year to all of you. New year always helps us to retrospect ourselves and take a positive step towards our future life. I happened to read a story in a magazine run by Sri Ramakrishna Mutt, Chennai. It touched my heart, so thought of sharing with all of you.

Umar was king of Arabs and embraced Islam under Prophet Muhammad. He once was visiting his country in disguise to know the welfare of the people. He came across a shepherd grazing herds of sheep. He asked the boy to give him one in exchange for money. The boy said these are my master's, I am working for him. You can ask him and buy it from him as I have no right on them. King Umar said amongst so many even if you give one away, your master will not come to know. So give it to me and I will pay you for the same.

The boy said, my master may not know, but my Lord will know. How can I hide it from my Lord? After hearing this king Umar was very happy and went to the master and said I want to relieve this shepherd boy from slavery. Master asked for a huge amount of money. King Umar agreed immediately. Master asked him, you don't even know this poor boy. Why are you paying such a hefty amount? King Umar said I am very fortunate to find honest person, and I am ready to loose any amount of money for having him. King Umar took this shepherd boy along with him to his palace.

Dear students we all know Honesty is the best policy. When you are honest everything which is good is drawn towards you. Every day is a new day, not only first of January. Let's practice this reiki principle every day

Just for today I will do my work honestly

With love light and reiki
Aruna M

 **Video Suggestion:**

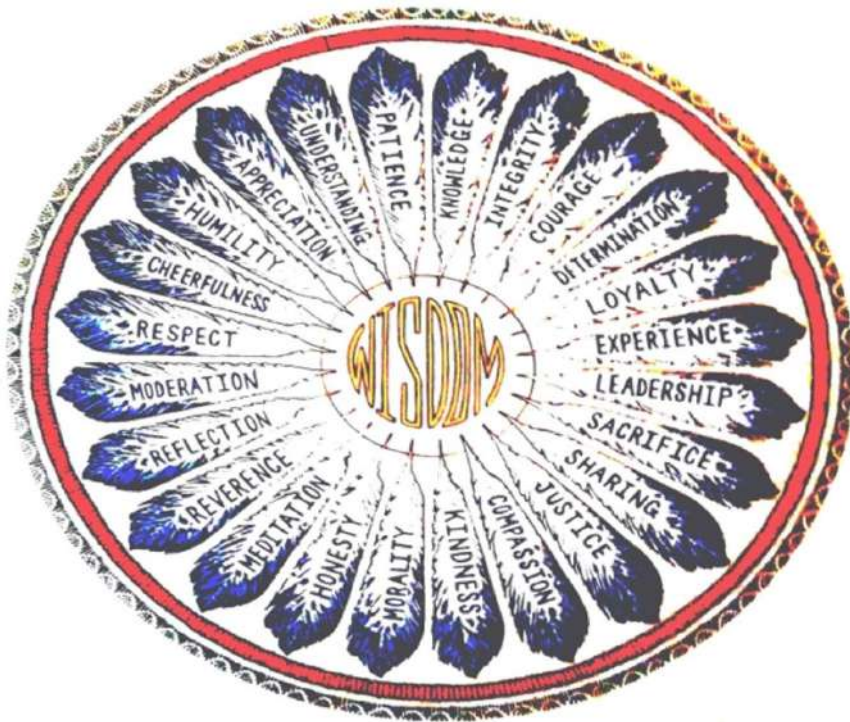
Changemaker - Mr. Earanna Kosigi

Planted 10,000+ Trees for a greener Raichur



Watch this video and tell us, can you relate the characteristics of this great changemaker with the 24 values, also taught by DSPPL !!!

SEE BELOW THE WHEEL OF 24 VALUES & THINK ABOUT IT...



Click Here & Share With Us

List and explain at least 3 important values which Mr. Earanna Kosigi displayed.

Stay in Touch!

Send your feedback & suggestions to:

info.dsppl@gmail.com or Whatsapp on +918197056644



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