



Online Shravan Family Festival – **18th August, 2024**
SAFE Family – Spiritual Awareness for Family Enlightenment

Program FAQ's

Q1 Who Can attend this Program

Ans - The Program is designed for entire Family.
However if few family members are not interested / busy, others can still join.

Q2 What are the activities involved on 18th August, 2024?

Ans - Please check the time table and details of activities as given in the Flyer. It starts 6.30 am in the morning and end at 7.30 pm in the evening. In between there are sufficient breaks to have breakfast, Lunch and Rest. All family members are encouraged to participate in all the activities. **You have to perform all these activities at your Home. We will get connected through zoom link.**

Overall sequence of activities on 18th August, 2024 is as follows –

- 06.30 to 07.30 am – Yog and Surya Namaskar
- 08.15 to 08.45 am – Bhajan and Prayers
- 09.15 to 10.45 am – Satya Narayan Pooja
- 11.00 to 12.00 pm – Stories on Ram, Krishna and Shiva
- 01.30 to 02.30 pm – Interactive Quiz on Shravan, Spirituality etc
- 03.00 to 04.00 pm – Online Drama
- 04.30 to 05.15 pm – Rudra ABhishek and Shiv Stuti
- 05.30 to 06.30 pm – Scienting understanding of Agnihotra (Session)
- 06.30 to 07.15 pm – Performing Agnihotra as per your Local time
- 07.15 to 07.30 pm – Geeta Adhyay Pathan
- 07.30 to 07.45 pm – Stotra, Aarti, Chanting and Closing

Q3 What are the activities which are specifically reserved for Adults ?

Ans - Basically all activities are for everyone in the family. Still activities which adults can perform are

- a) Doing Surya Namaskar, Yog (faculty will instruct online and you will follow it at your home)
- b) Singing or Performing Live Bhajan on Program Date (*prior registration and confirmation by DSPPL faculty is required*)
- c) Performing Satya Narayan Pooja or helping your child (or other family members) to perform this pooja
- d) Listening to stories or tell story on Ram or Krishna or Shiva (*prior registration and confirmation by DSPPL faculty is required*)
- e) Performing Agnihotra or assisting your child (or other family members) in performing Agnihotra
- f) Participating in an online Quiz
- g) Performing Rudra Abhishek or helping other family member to perform Rudra Abhishek
- h) Chanting Geeta and other stotras (Faculty will chant online and everyone else will chant at home with mike muted to avoid confusion)



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Q4 If my children are also participating then what are the activities which are specifically reserved for them?

Ans – Basically all activities are for everyone in the family. Still, you can encourage your children to do the following -

- Doing Surya Namaskar, Yog (faculty will instruct online and you will follow it at your home)
- Performing Live Bhajan on Program Date (*prior registration and confirmation by DSPPL faculty required*)
- Performing Satya Narayan Pooja
- Telling stories on Ram or Krishna or Shiva on the Program Date (*prior registration and confirmation by DSPPL faculty required*)
- Performing Agnihotra
- Participating in an online Quiz
- Performing Rudra Abhishek
- Chanting Geeta and other stotras (Faculty will chant online and everyone else will chant at home with mike muted to avoid confusion)

Q5 How Yog and Surya Namaskar will be done

Ans – Faculty will instruct online and everyone (Adults and Children) will perform at their home.

Q6 How Bhajan and Songs will be performed ?

Ans – You have to communicate this choice while doing registration. Our faculty will co-ordinate and identify few to perform live bhajan online on the event date. It must be Ram or Krishna or Shiva Bhajan.

Q7 How Satya Narayan Pooja will be performed online ?

Ans – Guruji (Pandit) will instruct online for the Pooja. Everyone has to perform it at their home. Once you register, all the details of material required for Pooja will be communicated to you so you can purchase it in advance and be ready for the Pooja. One of the participant's Pooja video will be made "spotlight for everyone" so you can also see while Pandit is giving the instructions. Performing Pooja is one of the important activity of the day, so all should participate in this. We are also trying to explain the significance and science behind this to the extent time permits.

Immediately after Pooja, be ready for "Aukshan" to show our respect and gratitude towards our Parents (Guru). Here, children and parents will do Aukshan of their parents respectively. (If required, guidance will be provided for doing Aukshan)



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Q8	How Quiz will be conducted and on what topics?
Ans –	This is another interesting feature of our Shravan Festival. We will share the platform and you can easily use it from your laptop / mobile phone. Quiz will be about Shravan Festival, daily rituals, Pooja, and related topics. This will be interesting knowledge sharing and/or updating activity for all of us
Q9	How online Act / Play will be performed ?
Ans –	You need to convey your willingness for participation. Our faculty will co-ordinate and identify few to perform online. Others will enjoy online drama being performed.
Q10	Who can one tell online stories ?
Ans –	Anyone (Adult or Child). You need to convey your willingness for participation. Our faculty will co-ordinate and identify few to perform online. Stories should be related to Ram or Krishna or Shiva.
Q11	How Geeta Pathan and Shiv Stotra Chanting will be done ?
Ans -	Audio recording will be sent in advance to practice. Faculty will chant live and others will chant at their home with mike muted to avoid confusion.
Q12	I do not have children / my children are not interested, Can I join this program ?
Ans –	The Program is for the entire family. So all family members are encouraged to join. However participation should be voluntary and NOT compulsory. You can join even if you do not have children. If your children are not interested, you can still join, Do not force anyone to join.
Q13	I am Sr Citizen. My children and Grand Children are not with me, Can I join this Program ?
Ans –	Yes, you can definitely join the Program and do the activities. Also see Q No 3 for activities reserved for adults which are applicable for Sr Citizens as well.
Q14	How Shiv Abhishek is to be performed ?
Ans -	Online chanting of Rudra will be done by our faculty. If you know, then you can also join keeping mike muted to avoid confusion. Simultaneously, You or (any family member) can perform Jal Abhishek on Shiv Ling or Gurudev Datta Murti or on Shaligram. Water can be used later as a tirth.
Q15	I have more questions, whom I should contact?
Ans -	You can write an email to info.dsppl@gmail.com or You can contact, following for your queries –
	Meena Bhave +91 99099 25815
	Rashmi Koti +91 98253 28460
	Rashmi Ambukar +91 98335 94998